

## Get Moving Around Town!

Transportation options for new immigrants in the United States can vary depending on the city and region, but here are some general pointers:

**Public Transit:** Many major cities in the U.S. have extensive public transportation systems, including buses, subways, trains, and light rail. These systems can be cost-effective and convenient for getting around urban areas.

**Driver's License:** If you plan to drive in the U.S., you'll need to obtain a driver's license. Requirements vary by state, but typically involve passing a written test, a driving test, and providing documentation such as proof of identity and residency. Some states also require new residents to obtain a learner's permit before getting a full driver's license.

**Vehicle Ownership:** Owning a car is common in many parts of the U.S., especially in suburban and rural areas with limited public transit options. If you decide to buy a car, you'll need to register it with the Department of Motor Vehicles (DMV) in your state and purchase auto insurance.

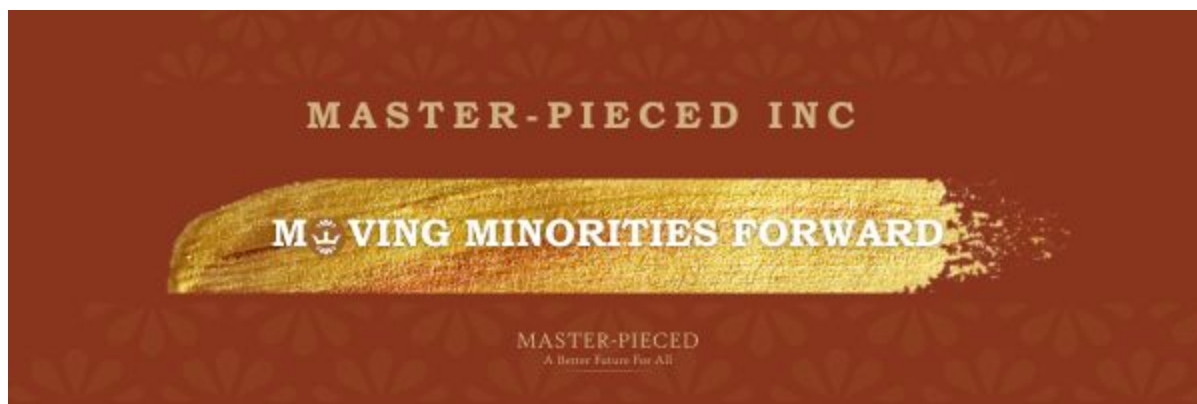
**Cycling:** Cycling is becoming increasingly popular in many U.S. cities, which are investing in bike lanes and bike-sharing programs. It's a healthy and eco-friendly way to get around, but be sure to familiarize yourself with local traffic laws and safety guidelines.

**Walking:** Walking is a convenient option for short trips in urban areas or neighborhoods with pedestrian-friendly infrastructure. Just be aware of pedestrian signals and crosswalks, especially in busy city centers.

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**Ridesharing and Taxis:** Services like Uber, Lyft, and traditional taxi companies operate in most U.S. cities, providing on-demand transportation options. These can be convenient for travel outside of public transit routes or during off-peak hours.

**Special Programs:** Some cities and states offer transportation assistance programs for low-income individuals or newcomers. These may include discounted transit passes, free or low-cost rides for job interviews or medical appointments, or transportation vouchers.

**Language and Cultural Considerations:** If English is not your first language, familiarize yourself with common transportation vocabulary and phrases to help navigate public transit, ask for directions, or communicate with drivers.

**Safety Tips:** Stay aware of your surroundings and take precautions when using public transportation, walking, or cycling, especially in unfamiliar areas. Keep valuables secure and avoid traveling alone late at night if possible.

**Local Resources:** Check with local transit agencies, immigrant support organizations, or community centers for information and assistance with navigating transportation options in your area. They may offer resources in multiple languages and can help you understand how to access transportation services in your new community.

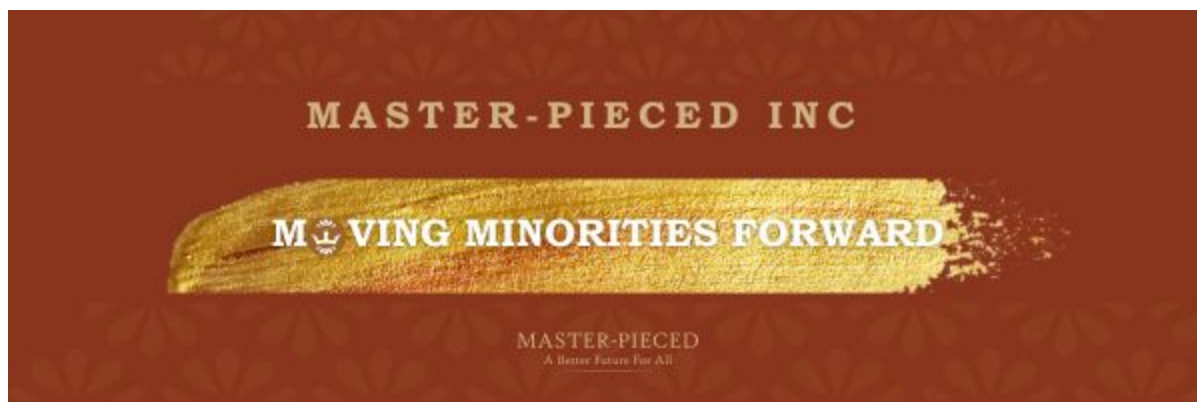
## Transportation in Lexington, KY

- LexTran's Community Relations Manager, Emily Elliot (859) 244-2018, offers free training on how to ride the bus for people who are not familiar with Lexington's bus system. Language access is provided, though over-the phone interpreting services in some instances, in person if in Spanish. Ms. Elliot's email is [eelliott@lextran.com](mailto:eelliott@lextran.com). Please call or email to make an

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appointment for a personalized lesson. She, or someone from her department, will meet you at the bus stop closest to your house, and take you to your requested destination. You can also receive a pre-printed bus route plan for how to get to other destinations in your native language, if you request it ahead of time.

- Medicaid Related Transportation assistance:
- Individuals who have Medicaid are eligible to receive free transportation to and from medical appointments with Medicaid Providers.
- Individuals in Bourbon, Clark, Estill, Fayette, Harrison, Madison, Nicholas, and Powell counties can call 1-888-848-0989 or 859-233-0066 to schedule a pickup with Federated Transportation Services of the Bluegrass (FTSB) to schedule transportation. Individuals in Anderson, Boyle, Franklin, Garrard, Jessamine, Lincoln, Mercer, Scott, and Woodford counties can call 1-800-456-6588 or 502-695-4290 to schedule transportation.
- Spanish is available as an option when you dial in. For all other languages, you must navigate the phone system to speak with a live representative before you can request an interpreter.
- The Medicaid member - or someone helping them - must call to schedule the NEMT ride at least 3 days, but not more than 30 days, before the appointment. So note that if an appointment is on Wednesday, and the office is closed on Sunday, the ride would need to be scheduled before Saturday at 1.
- Riders MUST have a valid Kentucky Medicaid card, be going to a Medicaid related service, and not have access to a car. Riders 55 and older will receive door to door car service. Riders under 55 will only be provided door to door car service if they live more than a half mile from a bus stop, or a qualified doctor writes a note explaining why the Medicaid member cannot ride the bus.

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